



LAPLAND



**FESTIVE FUN
OUTDOORS
MANUAL**



TARGET SNOWBALL

Think you know how to throw a snowball? Try your hand at target practice!

Equipment

- Large pop-up target
- 5 x buckets
- Hula hoops

How To Play

- Either play in teams or individual.
- The idea is to throw snowballs into/at the target depending on the round
- There will be multiple rounds:

Round One - Big pop-up target for the person or team to aim at, each section is worth points, add them up and that goes to the overall total.

Round Two - 5 buckets laid out all over the place. The closest one is worth less points, and the furthest is worth more. The team chooses whether they go short to build up points, or go long and race ahead on the scoreboard.

Round Three - Hula hoops are laid on the floor. The snowball must land within the hoop to gain the points. Again the further away the more points it is worth.

Round Four - The host is the target. They stand in the middle of the firing line and the guests have to hit the host to gain points.

- Keep a scoreboard for each individual/team and whoever has the most points after the rounds, wins.
- Keep alive and energetic and remember you are outside, so breaking to keep warm with exercises etc might work for you.



STYLISH SNOWMAN

You got cool, you got style, but does your snowman?

Equipment

- Props box of clothes/items and decoration for your snowman.

How To Play

- This can be played either individually or in teams. (Depending how many people you have as there will be limited number of props)
- Get the guests to build a snowman (with your help)
- Once built they have to style him:
 - Give the snowman a name
 - Occupation
 - Dress them and add the props
- Once they are built you can test the snowman to see how they would stand up to certain tasks like:
 - Snowball fight
 - Hula Toss
- Points are given or even a Bronze, Silver, Gold awards system to each, which are added up over the rounds.
- Once the challenges have been completed the last round is to undress the snowman and replace all the items back in the box, in the quickest time.
- These points are added to the final total to find out our champ.



COOL CRITTERS

Just because it's Christmas doesn't mean the snow monsters can't come out to play.

Equipment

- Glow in the dark eyes
- Nature (twigs, pinecones etc)

How To Play

- This can be individually or in teams. (Depending how many people you have as there will be limited number of props)
- Get the guests, with your help to build a snow monster.
- They can be all shapes and sizes and not necessarily vertical, they could be created lying down also. There are no limitations on this, let them be creative.
- As the participants build the monsters:
 - Give the monster a name
 - Add the glow in the dark eyes
 - Find things they can use to decorate them from the trees etc
- Photo opportunity with their monsters - can they pull a scary face like their monsters.



THE WINTER OLYMPICS

Compete in our winter pentathlon to win bragging rights for the rest of the holiday.

Equipment

- Sacks
- Toboggans (various types)
- Giant Spoons
- Finish Line
- Flags and boundary posts
- Hula Hoops
- Nordic Skis
- Tug O' war rope

How To Play

- This can be individually or in teams. (Depending how many people you have)
- Once in their teams ask the participants to create a team name.
- With the equipment you have, you will need to pre-set part, if not all of this. You will need to have different stations, that each team can compete in, and then move on to the next. Please make sure that you use all of the space available to you.
- The stations/events you have to compete in are:

Sack Race - Either a relay or a small obstacle course using the flags and boundary posts.

Snow Hurdles - Pre-build snow mounds and the kids have to jump/climb over them to the end. Maybe add in 5 star jumps before they return and tag the next person.

Snow and Spoon - With their giant spoons they have to navigate through a course balancing a snowball instead of an egg. Normal rules apply to an egg and spoon race. Create a course where they slalom between cones, spin round, maybe duck and jump over obstacles. Teams race against each other!

Tug O' War - One for the adult members of the teams. Lay out the rope and place three markers on the floor underneath the marked lines on the rope. The teams pull in opposite directions. The team that pulls the oppositions marker over the centre line is the winner.

THE WINTER OLYMPICS CONT.

Ski Course – One for the children only. Each team takes in in turn to navigate an obstacle course (use flags and boundary posts, hula hoops etc as well as the natural environment). The team that completes the course in the quickest time will get a 10 second head start in the toboggan race.

Toboggan Race - The big race, double points, all to play for. This can either be individual and who gets the best time or a round robin where everyone races everyone and points are given to the first person who wins each race or if you have enough, everyone races at same time and points given to the top 5 places, this can be done in 3 rounds for example.

- Make sure points are given to all the rounds of medals (Gold, Silver Bronze), whoever has the most points or golds, would win at the end of the event.
- Make it fun and engaging for all, no one should be left out on this event.
- Use the finish line for the toboggan race
- Present the winning team with an awards ceremony.



SNOW ARCHITECTS

Let your imagination run wild making various items in the snow!

Equipment

- Snow moulds – Shovel, Hearts, bricks, Snowballs, Snowmen etc.
- Snow
- Water
- Food colouring (only if permitted)

Preparation

- Fill the squeeze bottles with cold water (it must be cold water otherwise it will start to melt the snow).
- Optional - Add a few drops of food colouring to each bottle and make sure that you have at least one blue bottle, one yellow and one red bottle. However, the more you want to make, the more fun the painting will be
- Shake the bottle to ensure that the colour has mixed. (you may need to test the colours the first time you mix them to make sure that they are visible enough in the snow)
- Use snow to fill the mould to make your shape
- Arrange shapes and make Walls, Hearts, stars and anything else you wish!

How to Play

- Can be done individually or in groups depending on the amount the amount of people at the activity
- Take the group outside, show them how the spray bottle work, and have them test the way that the colours mix to create other colours.
- Let the group create Christmassy pictures in the snow. They might want to create abstract designs or patterns instead.
- Give the guests an opportunity to take pictures at the end of the session before their art disappears

AROUND THE CAMPFIRE

It's time to venture outside under the stars to enjoy a sing along and a toasted marshmallow or two!

Equipment

- Carol Booklets
- Tealights
- Marshmallows
- Stargazing Cards
- Ice Luminaries

Before the Activity

Make sure that this event is well advertised, and a suitable location is pre-arranged with the hotel for a fire.

Pre-arrange to meet the guests inside to create 'Marshmallow Snowmen' then escort them to the campfire area.

Running the Activity

- Meet guests and run a marshmallow snowmen making session.
- Escort them to the campfire area, On arrival arrange the guests into a circle around the fire area and start toasting your snowmen marshmallows.
- Offer out the Stargazing Guides and challenge the grownups to work together with their children to find the constellations in the skies.
- Distribute the carol booklets & encourage the guests to join you in a carol or two as you begin the songs. The idea is that this is a relaxed sing along, and not a formal choir.

AROUND THE CAMPFIRE continued

- After a few songs, and when you feel it is appropriate, you can begin the marshmallow toasting trying to make sure that everyone has a turn.
- If everyone is still engaged, play some campfire games; 'Two up, Two down' 'Jimmy', 'The moon is Round' etc.
- Escort the guests back to the hotel, singing as you search for the Northern Lights
- Encourage the guests to tell Christmas stories etc in order to make the event nice and relaxed.

